Say No to bullying



A collection of worksheets that focuses on bullying. This collection has been created to be used either as individual worksheets or as a collective direct work session.

www.socialworktoolkit.uk

RUDE, MEAN OR BULLYING?



	rude	mean	bullying
Someone burps loudly nearby			
Someone teases you daily about your hair color			
Someone laughs at you for wearing the wrong uniform			
Someone punches you every day at lunchtime			
Someone bumps into you and doesn't say sorry			
Someone tells you they don't like the way you smell.			



Put yourself in each of the following roles and answer the questions:

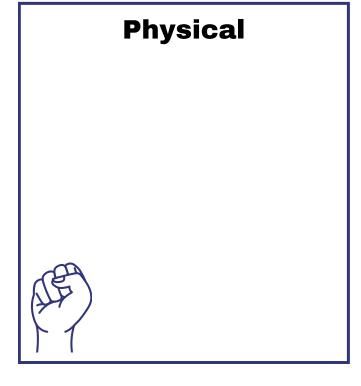
What they might feel:	
Why they might be bullying:	
BULLY	
What they might feel:	
Why they might not be stoppingit:	
	BYSTANDER
What they might feel:	
What they may be thinking:	
VICTIM	

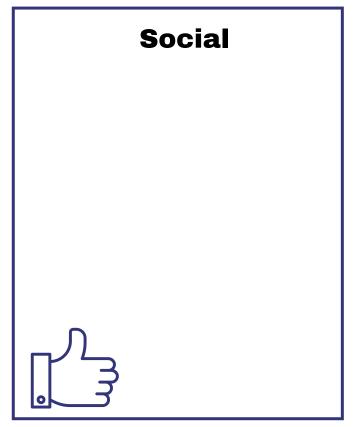


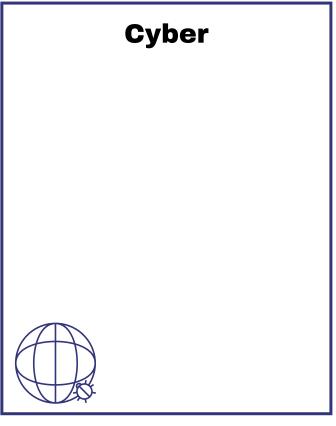
Name:	
Date:	
Grade:	

Provide an example for each of the following types of bullying:

Verbal		
000		









One of your friends has been telling another friend that she can't sit with you at lunchtime anymore.





One of your friends is upset that another friend calls her a nickname for her that she doesn't like.





You witness a student in your class deliberately try to trip over another classmate, then act innocent.



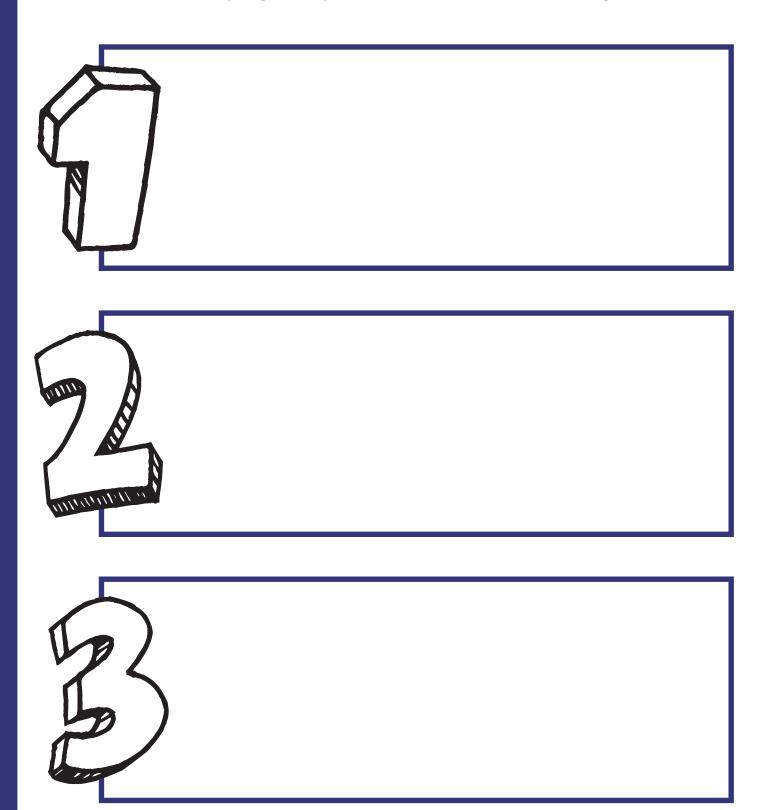


You are playing an online game with classmates at home, and notice some teasing of a student in another class.





To stop bullying in my school and online, I pledge to:





Create your own 'say no to bullying' poster below:

